## How to Safely Handle and Dispose of a Needle, Syringe or Mouthpiece



Put on rubber gloves before touching the needle, syringe or mouthpiece.



Use tongs to carefully pick up the needle, syringe or mouthpiece.

Always keep the tip pointed away from you and NEVER attempt to recap a needle.



Place the needle, syringe or mouthpiece into the sharps container and close the lid securely.

If you do not have a sharps container you can also use a thick plastic, glass, or metal container with a lid, such as a laundry soap bottle, mason jar or coffee can.



Remove rubber gloves and wash hands thoroughly with soap and warm water



Take the sharps container to a participating disposal location near you. See the back of this page for a list of sharps disposal locations.

Have questions? Call Southwestern Public Health

**St. Thomas Site** 1230 Talbot St., St. Thomas (519) 631-9900 Woodstock Site 410 Buller Street, Woodstock (519) 421-9901

