WEST MICHIGAN
WELLNESS
GROUP

NOW OFFERING CO-PARENTING GROUPS

Enhance parental communication and cooperation to foster a "parenting team," so everyone benefits, especially the children.

Helping separated or divorced parents navigate communication, co-parenting decisions, boundaries, and conflict resolution can be difficult and complex. WMWG now offers Co-Parenting groups led by Marge Lucas, who brings 30+ years of experience and proven, research-based curriculum.

This step-by-step, research based curriculum and expert-led group offers benefits to both the parents and the children:

CHILDREN:

- Less tension at both homes
- Reduced risk of "being caught in the middle"
- Opportunity to see effective communication and conflict resolution modeled to them
- Reduced stress

PARENTS:

- Accept personal responsibility
- Respect for bond children has with other parent
- Empowering and equipping to make positive changes
- Decreased costs associated with litigation and courts

West Michigan Wellness Group:
129 100th St SE
Byron Center, MI 49315

616.600.1187
westmichiganwellnessgroup.com

LEARNING IN A GROUP ENVIRONMENT ALLOWS PARTICIPANTS TO:

- Be with others who "get it"
- Learn from others' questions
- Enjoy a safe environment to practice skills
- Gain wisdom from how others have navigated challenges
- Have a shared goal with their co-parent, but an individual environment in which to learn

CO-PARENTING GROUP DETAILS:

- Two days/times are available and designed for separated or divorced parents to attend during the same 8-week segment but with different groups on different nights.
- A personal, preliminary interview/intake will be required for each participant. Expectations and confidentiality rules for the group are reviewed at this time.
- Groups will be offered on Tuesday OR Wednesday evenings from 6-7:30 P.M. Please check our website or use the QR code on the front of this flyer for updated information on current course offerings.

PRICING:

Cost for each participant is:

- $ 250 | Initial intake session
- $25 | Workbook
- $75 | Each of 8 group sessions

TOTAL - $875

OR

- $800 Up-front payment

ABOUT THE THERAPIST:

Margaret Lucas, LMSW, LADAC, has over 30+ years of experience in the field of social work, including 14 years working with Cooperative Co-parent materials and clients. She maintains a safe and positive environment when dealing with conflictual individuals, including an ability to remain objective and neutral.

LOCATION:

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We are located on the campus of Corinth Reformed Church. The church has entrances north off of 100th Street just east of Division and east off of Division just north of 100th street. Both entrances have signs for the church. As you enter campus from either direction, follow the roads up the hill to the building behind the main church building, on the hill on the northeast corner of campus.