

# **TERRACE LUNCH MENU**

12:30 - 14:30

### **Starters**

Soup of the Day Please ask about allergens £ 7.95

Moules a la Crème (2W, 7, 8, 14) £ 12.95

Shallots, garlic, Jersey cider, cream

Sautéed Wild Mushrooms (v) £ 12.50

Garlic bruschetta, poached egg (2W, 4, 7, 10MC, 14)

**Charcuterie** (2W, 4, 10MC, 13, 14) **£ 13.95** 

Cured & smoked meats, tarragon chicken boat, pickles, breads

**Vegetarian Mezze (v)** (2W, 6, 7, 10MC, 12, 13, 14) **£ 12.95** 

Baba ghanoush, artichoke heart, falafel bites, sunblushed tomatoes, hummus, breads, \*tzatziki, \*feta (\*vegan dish if not included).

### **Poke Bowls**

Served over a choice of sushi rice, quinoa, mixed greens or glass noodles.

Korean Beef Bulgogi Bowl (5, 12, 13, 14) £ 15.50

Marinated beef, kimchi, carrots, bean sprouts, coriander, scallions, avocado, mixed toasted seeds, sweet spicy aioli.

Ponzu Smoked Salmon Delight (5, 9, 12, 13, 14) £ 16.70

Smoked salmon, ponzu dressing, red onion, sweet peppers pickled radish, cucumber, avocado.

Miso Tofu Mushroom Bowl (V) (11, 12, 13, 14) £ 15.00

Marinated Tofu, grilled mushrooms, pickled ginger, edamame, sesame seeds, miso dressing, crispy shallots.

# **Wraps & Sandwiches**

**Crispy Chicken Wrap** (2W, 4, 9)

£ 11.95

Iceberg lettuce, tomato, cucumber, sweet chilli, mayonnaise.

**Halloumi Wrap (v)** (2W, 7, 9)

£ 10.95

Roast Mediterranean vegetables, pesto.

Smoked Salmon and Prawns (2W, 3, 5, 9) £ 12.95

An open sourdough sandwich.

Honey Roast Ham & English Mustard (2W, 7, 9, 10MC) £ 8

Smoked Salmon & Cream Cheese (2W, 5, 7, 10MC) £ 9

**Egg Mayonnaise (v)** (2W, 4, 7, 10MC) **£ 7** 

**Tuna Mayonnaise** (2W, 4, 5, 7) **£ 8** 

**Cheddar Cheese & Pickle (v)** (2W, 2B, 7, 10MC, 14) **£ 7** 

Coronation Chicken (1, 2W, 2R, 4, 7, 10MC, 11MC) £ 9

All with choice of white or brown bread, served with salad garnish & crisps. Gluten free bread available on request.

## **Mains**

**Fish and Chips** (2W, 4, 5, 10MC, 14) **£ 18.25** 

Beer battered fish of the day, hand cut chips, mushy peas & tartare sauce.

**Chicken Schnitzel** (2W, 4, 7, 10MC, 14) **£ 18.25** 

Sautéed potatoes, caper lemon butter & green beans.

**Coast Burger** (2W, 4, 7, 10MC, 14) **£ 18.25** 

Mature cheddar, grilled bacon, red onion chutney, floured bun with hand cut chips.

Aubergine & Lentil Tagine (VV) (2W, 13, 14) £ 16.25

Flatbread & toasted date couscous.

Seared Fillet of Salmon & Seafood Medley £ 19.50

Risotto, tangy lemon rocket, lemon salad, Parmesan.

(3, 5, 7, 8, 14)

Sides £ 4.95

Hand cut chips Crispy onion rings (2W, 10MC, 14)

French fries Market vegetables

House side salad (9) Rocket & Parmesan salad (7, 9)

New potatoes (7) Truffle Parmesan fries (7) £ 5.50

### **Desserts**

Mango Parfait (2W, 4, 7) £ 7.50 Pear & Almond Tart (2W, 4, 7, 10A, 11MC) £ 7.50

Meringue, raspberry gel, sesame seed tuile.

Chocolate Brownie (v) (2W, 4, 7, 10MC, 13) £ 9.95 Jersey Ice Cream (v) £ 8.50

Vanilla ice cream.

Please ask about daily selection & allergens

(v) vegetarian | (vv) vegan | (\*vv) vegan alternative available. Ask about our Vegan & Vegetarian menu. Some seasonal variations apply.

<u>Allergen information</u>

Celery 2 Cereals containing gluten 2B Barley 2O Oat 2R Rye 2W Wheat 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk / Dairy 8 Molluscs 9 Mustard 10 Nuts 10A Almonds 10C Cashews 10H Hazelnuts 10W Walnuts 10MC May Contain Traces 11 Peanuts 12 Sesame seeds 13 Sova 14 Sulphites

If you have any dietary requirements or food allergies / intolerance please let us know. However, please be aware that due to shared preparation and cooking areas we cannot guarantee a total absence of allergens in any of our finished food products. Please note that we may choose to refuse to serve guests who have severe food allergies for their safety and health. Some dishes may contain small bone and / or shell fragments. We will add an optional 10% service charge to your bill, all of which will be shared with the entire hotel team.